



# Remote Programming for Aging Individuals

# Meet your Presenters!

**Brittany Parkhouse**  
**Library Supervisor**



- Fairway and Sun City Libraries
- Demographic:
  - 91.7% of Sun City is 55 years+
  - 55 + Active adult retirement community

**Courtney Cook**  
**Library Paraprofessional**



- Ed Robson Library
- Demographic:
  - 78.5% of Sun Lakes is 55 years+
  - Homebound or reside in assisted living

# Learning Outcomes

- What remote programming for an aging population looks like.
- Memory care kits and ways to replicate these with minimal cost at their libraries.
- How to implement services at assisted living facilities.



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# Sun City Libraries

# Books by Mail

Free Service!

- Send large print books to homebound residents **due to visual impairment or physical disability.**
- Readers' Advisory

## Likes

Likes Historical, especially kings and queens, also Mystery. Favorites are Alison Weir and Philippa Gregory. \*\*\*Yvonne said that she would like to re-read the historical fiction titles she's read before while waiting for other new historical fiction to come out. She also likes Agatha Christie and Poirot. \*\*\*She thought "Hercule Poirot's Christmas" by A. Christie was VERY GOOD.

## Dislikes

NO Romance... did not like the books: Longbourn by Jo Baker, Beyond the sunrise by Mary Balogh, Venetia by Georgette Heyer, Heads You Win by Jeffrey Archer, Knight's Acre-Lofts, Heirs and graces-Bowen, The Island of Sea Women by Lisa See, The forgotten Affairs of youth by Alexander McCall Smith and Dandy Gilver and a bothersome number of corpses by Catriona Mcpherson--



Books-By-Mail  
602-652-3070

Name \_\_\_\_\_

1. When finished, please return your books in the blue mailbag.
2. Turn address card over with the library district's address showing.
3. Write your next selections on this sheet and put in the bag.
4. Fasten the bag with a cable tie.
5. Give the bag to postal carrier- No postage necessary!

Title \_\_\_\_\_

Author \_\_\_\_\_

Title \_\_\_\_\_

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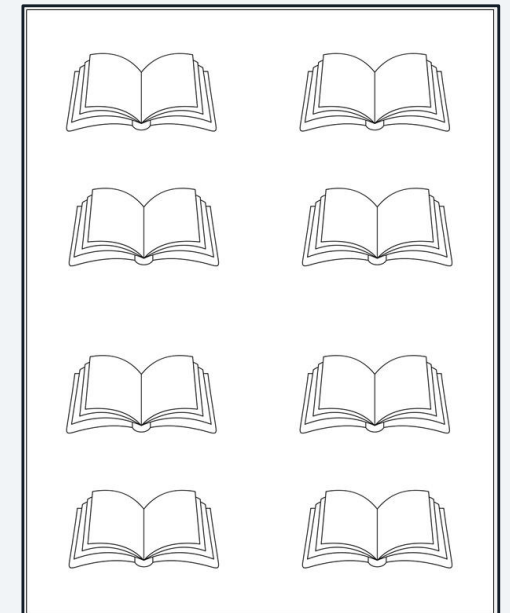
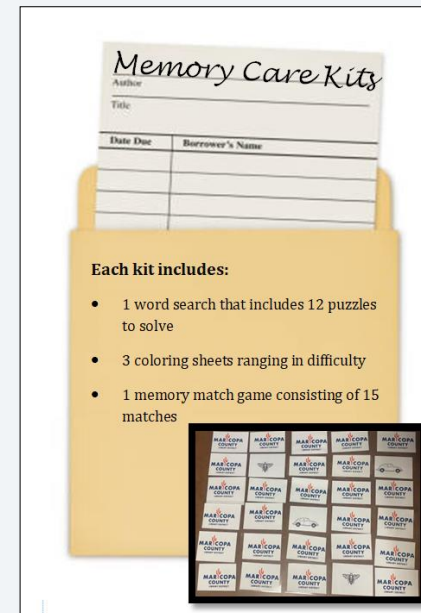
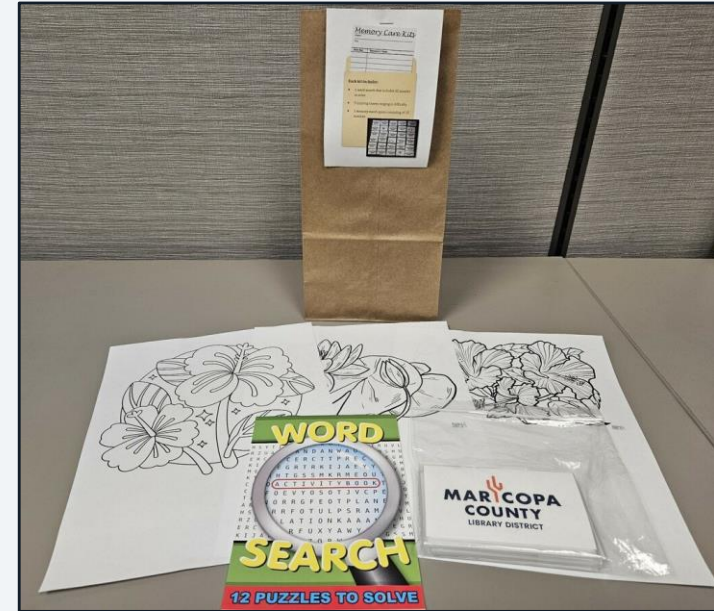
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# Memory Care Kits

## Consumable resources

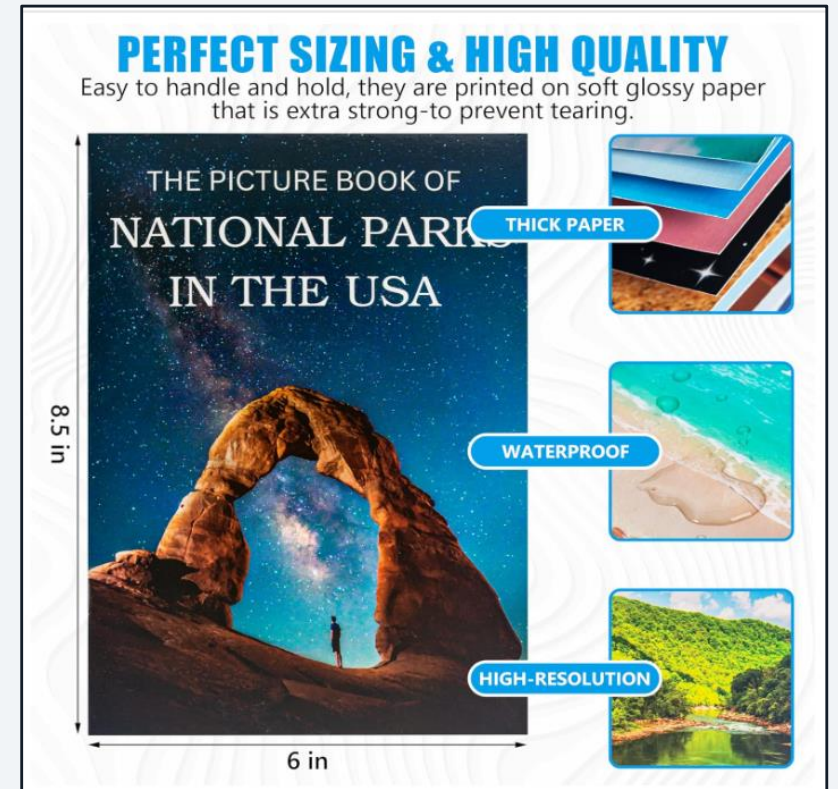
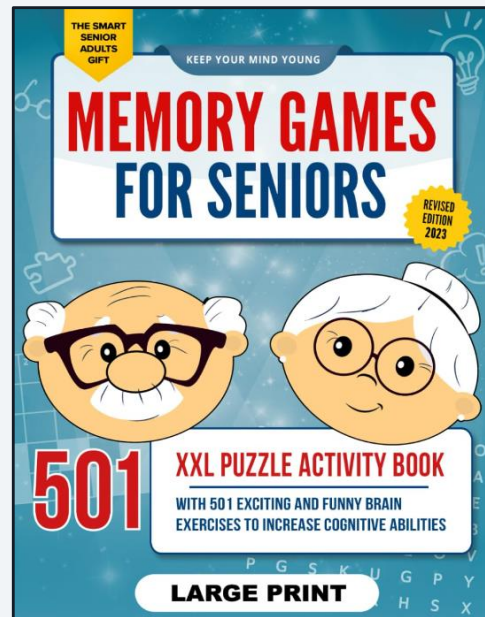
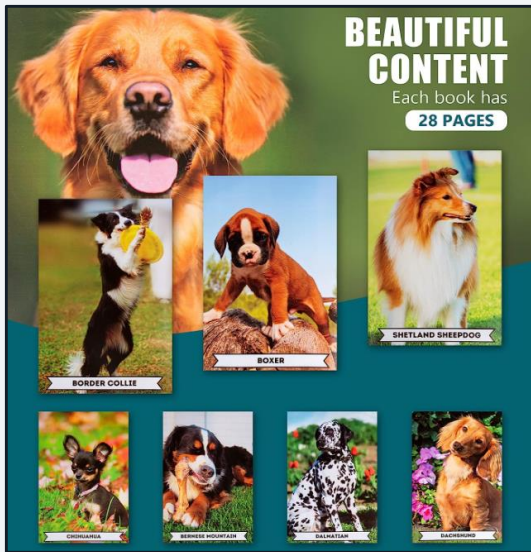
- Help with cognitive functions
- Kits include:
  - 15 pairs memory match game
  - Coloring sheets
  - Word search



# Memory Care Boxes

Can be consumable or durable

- Boxes include materials published for those living with Dementia and/or Alzheimer's.
- Sponsored by Friends of Sun City Libraries
- Can also be used for outreach programs





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# Ed Robson Library



# Optum Community Center Book Clubs

## Mesa Location

- Library card sign-up
- Tailored readers' advisory based on collection
- Items checked out to individual members

## Chandler Location

- Encourage book club box
- Bring materials once a month
- Boxes checked out to staff, LP materials checked out to individual members



# Robson Reserve Book Club

## Who they are

- Assisted Living facility
- Inability to come to the library
- Two different book clubs

## How it Works

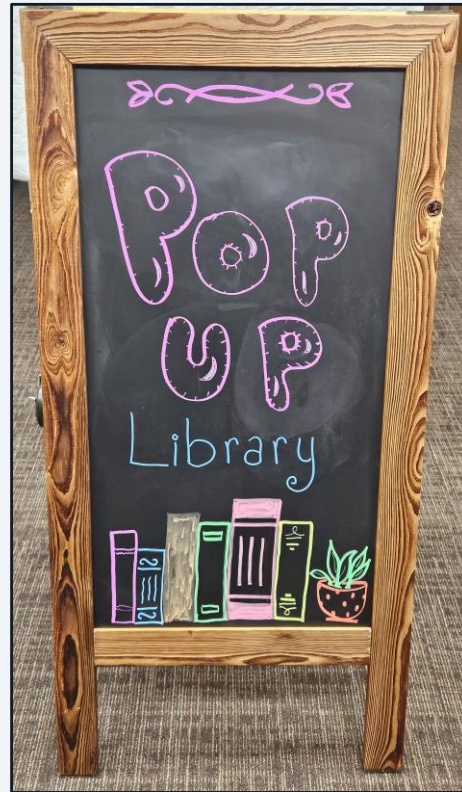
- Once a month we bring two titles
- Each group receives their own title
- Titles are swapped every two months



# Pop-Up Library at Robson Reserve

## How it Works

- Every 3 weeks with 30-40 materials
- Take item requests for the next visit
- Help with digital resources
- Create new library cards



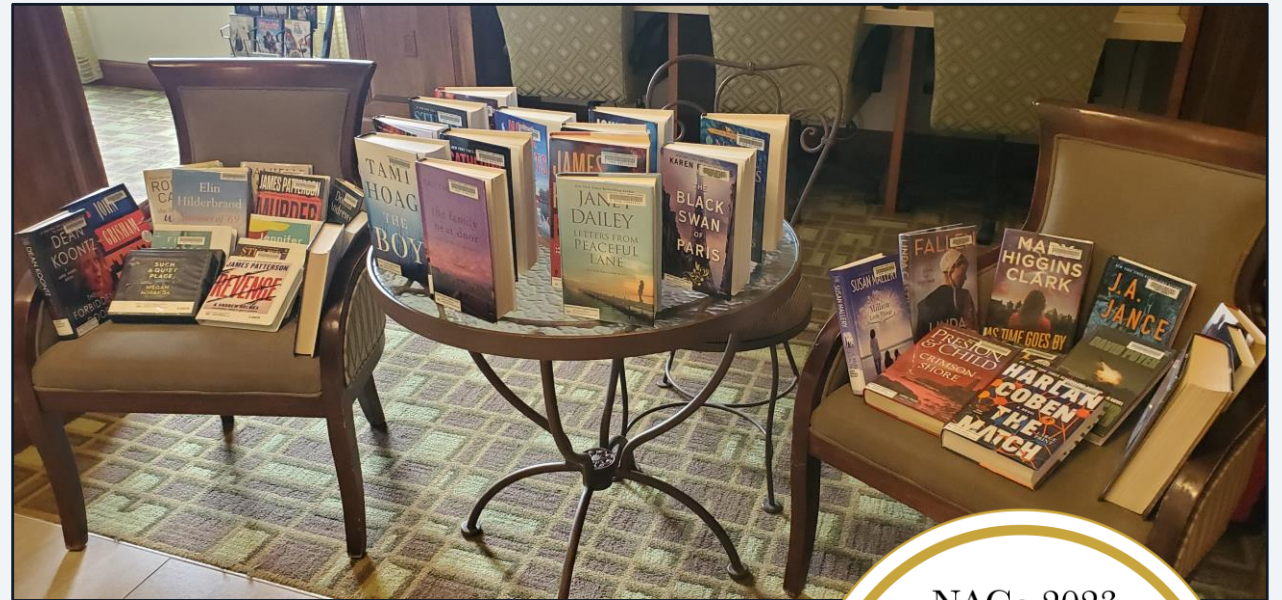
## Why

- Books by Mail Program will not work
- Inability to come to Library

# Pop-Up Library at Robson Reserve

## Success

- Been there 13 times
- Over 165 people served
- Our setup has expanded





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# Challenges We've Encountered

# Book Clubs

## Optum

- Run out of a community resource center
- Not always working with facility coordinator
- Lack of communication



## Robson Reserve

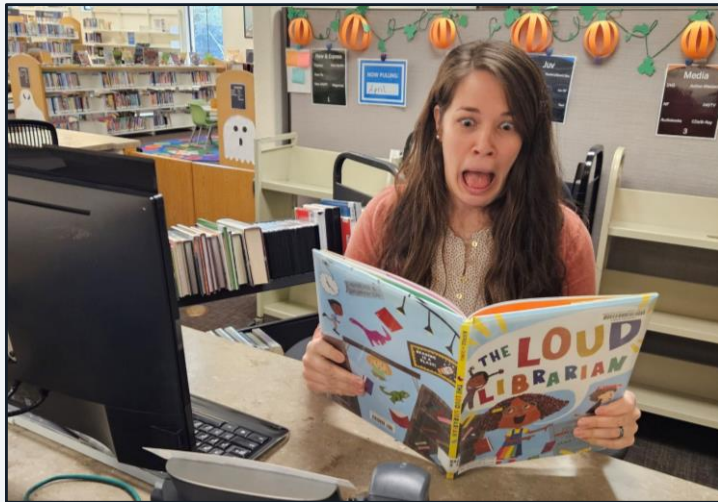
- Communication
- Residents unaware of dates and times



# Staffing

## Memory kits

- Time consuming
- Budgeting
- Spacing



## Staff time

- Scheduling
- Lack of communication
- Accommodating formats for audience



# Supplies

- Technology
- Transportation
- Library materials





# Resources

## Books by Mail

[Free Matter for the Blind](#)

[Mailing Free Matter for Persons Who are Blind or Visually Impaired](#)

[MCLD Website Link](#)

## Dementia

Materials:

[Meternally](#)

[Mind-Start](#)

[Alz Store](#)

References:

[Alzheimer's Association](#)

[A Place for Mom](#)

[Best 28 Books for Dementia Patients](#)

## Where can I get supplies?

- Amazon
- Oriental Trading
- Home Depot

# Main Takeaways

- Outreach can be tailored to your library's needs.
- Start small and grow as you get more comfortable and establish new relationships.
- Working with facility coordinators will most likely be the easiest way to conduct events.



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# Questions?





# Thank You

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